



Friendship Heights



VILLAGE NEWS

DECEMBER 2006

301-656-2797

VOLUME 20, NO. 19



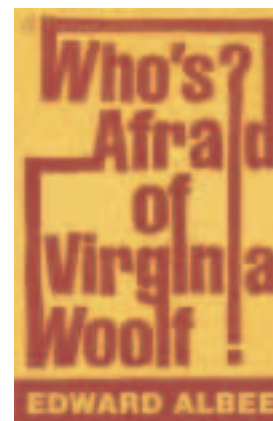
Brookside Gardens

see page 3

Welcome 2007 with our annual open house

Join us as we welcome 2007 and continue the tradition of our celebration in the Village. The Mayor and the Friendship Heights Village Council invite Village residents to celebrate at our New Year's Day Open House to be held on **Monday, Jan. 1, from 2 to 4 p.m.** at the Village Center.

This is an opportunity to mingle with friends and neighbors in a relaxed and cordial atmosphere. You can drop in anytime between 2 and 4 and enjoy light refreshments by Ridgewell's Caterers. We hope you'll join us in keeping this grand tradition.



'Virginia Woolf' roars into town

Edward Albee's "Who's Afraid of Virginia Woolf?" comes to the Kennedy Center next month direct from electrifying runs on Broadway and in London with the original stars, Kathleen Turner and Bill Irwin. Join us for a matinee production on **Sunday, Jan. 28.**

Albee's masterpiece is the story of George and Martha, two of the most famous roles ever written for the stage. When the duo invites a young couple to their home, the cocktails come out and the gloves come off.

Kathleen Turner has appeared in the films "Body Heat," "Romancing the Stone," "Prizzi's Honor," "Peggy Sue Got Married" (for which she was nominated for

Continued on page 5

A journalist's long journey

Time magazine reporter Michael Weisskopf was accompanying a patrol in Baghdad in 2003 while writing Time's "Person of the Year" story, when a live grenade flew into his U.S. Army Humvee. He threw it away from the vehicle, saving a photographer, four soldiers and himself, but losing his right hand. His book, *Blood Brothers: Among the Soldiers of Ward 57*, relates what happened, from the emergency treatment by a medic to Amputee Ward 57 of Walter Reed Hospital. Meet Mr. Weisskopf at the Village Center on **Thursday, Dec. 7, at 7:30 p.m.**

Amputees make up three percent of Iraq's wounded—twice that of previous wars—because of the Kevlar helmets and sturdy body armor that protect all but the soldier's limbs from otherwise fatal explosions. Besides recounting his own recovery from the trauma of losing a hand, Mr. Weisskopf writes about three American soldiers whose stories he learned during 18 months in the ward.

Mr. Weisskopf is a senior correspondent for Time magazine, a Pulitzer Prize finalist and winner of the George Polk Award, Goldsmith Award for Investigative Reporting, National Headliners Award, and the Daniel Pearl Award for Courage and Integrity in Journalism.

Please sign up in advance by calling the Village Center at 301-656-2797. Copies of the book, provided by Politics and Prose Bookstore, will be available for purchase.

CHILDREN'S PROGRAMS

Sugar and Spice and Somerset Service Learning

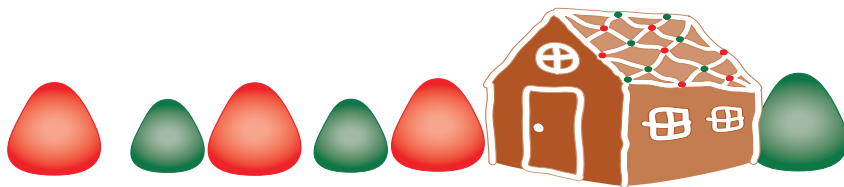
Tap your creativity and make custom gingerbread houses with the kindergarten classes at Somerset Elementary School on **Monday, Dec. 18**. The kindergarteners are coming to us for this year's Service Learning (formerly known as SKIP) projects. We'll greet them at the Village Center at 9:30 a.m. and our project should be complete by 10:30 a.m.

Through Service Learning, a program that teams kindergarten children with local senior citizens, both children and senior citizens have the opportunity to learn from each other.

If you are interested in attending the December event, please call the Village Center at 301-656-2797 to sign up.

Service Learning projects continue through the end of the school year. Watch the *Village News* for details on future events.

Anyone interested in being a volunteer is asked to call the Village Center at 301 656-2797. Volunteers may attend any or all of the sessions.



VILLAGE CLASSIFIEDS

For Sale

Sarasota. Exquisite condo across from Performing Arts Center. Spectacular sunset views in 2/2 plus den floorplan. Tropical elegance, 14th floor with full bay views from every room. Turnkey furnished and bamboo wood floors. Excellent rental history. Rented through March 07. \$1,000 travel credit at closing. Value priced at \$719,900. MLS# 325070. **240-396-6881**



Friendship Heights VILLAGE NEWS

www.friendshipheightsmd.gov

Email: info@friendshipheightsmd.gov

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

ADVERTISING

The deadline for reserving space for the January issue is December 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

FOUNDER

Martin Kuhn

EDITORIAL STAFF

Melanie Rose White
Volunteer Editor

Jennie Fogarty
Staff Writer

Anne Hughes O'Neil
Staff Writer, Advertising

Susan C. Zarriello
Page Design/Layout

FRIENDSHIP HEIGHTS VILLAGE COUNCIL

Melanie Rose White
Mayor

Maurice Trebach
Chairman

Leonard E. Mudd
Vice Chairman

Elizabeth Demetra Harris
Secretary

Alvan M. Morris
Treasurer

Robert M. Schwarzbart
Parliamentarian

Leonard Grant
Historian

VILLAGE MANAGER

Julian P. Mansfield

Personal Computer Coach

In-home computer training for women

Cheryl Morris

Phone: (240) 994-2921

E-mail: personalcomputercoach@att.net
www.personalcomputercoach.com



Convenient*Flexible*Personalized
Gift Certificates Available



H. RICHARD HELBIG

Realtor—DC, MD, VA

2828 Pennsylvania Ave NW (Georgetown)
Washington, DC 20007—202-333-6100

Direct: 301-801-2970
Email: rhelbig@cbmove.com

Local—National—International



ON the GO...



A winter walk through a glittering garden

Experience the spectacle of the holiday season as we visit the "Garden of Lights" at Brookside Gardens on **Monday, Dec. 18**. During this spectacular light show, the landscape glows with more than 600,000 tiny colored twinkling lights. Marvel at a whimsical monster, be dazzled by an enchanting persimmon tree and enjoy the sights and sounds of an approaching storm, all in sparkling splendor. You can also visit the Conservatories or take in a complimentary musical performance in the Visitor's Center. Light refreshments, including soup, sandwiches and sweets, may be purchased. The cost of the trip is \$15 and includes transportation, admission to the "Garden of Lights," and all gratuities. Sign ups begin immediately at the Village Center. We will depart from the Center at 5:30 p.m. and should return by 9:30 p.m.

See Rodgers and Hammerstein's 'Cinderella'

A few tickets remain for the matinee performance of "Cinderella" at Olney's brand new Mainstage Theater on **Sunday, Dec. 3**. Richard Rodgers and Oscar Hammerstein wrote this enchanting musical version for television in 1957.

Join us at the Village Center at 12:30 p.m. for a cup of hot cider and a holiday cookie. At 1 p.m. we'll board the bus to Olney. The cost of the trip is \$40, which includes discounted seats in the first three rows of the balcony (there is an elevator), transportation, and driver gratuity. Children five and older are welcome if accompanied by an adult.

Neil Bacchus Real Estate Advisors

Affiliated with Weichert, Realtors®

These properties are currently for sale in your neighborhood... Call us today for more info!

For Sale

Beltsville
Luxurious Building with 10' ceiling
1 bedroom, 1 bath, (The Fulcrum)

For Sale

Cherry Chase
New construction, 7 bedrooms,
7 1/2 baths, elevator

For Sale

Cherry Chase
The Willoughby
Efficiency

Weichert Realtors

Frania Block (301) 802-7004
Farhad Keyani (240) 888-7870
Office (301) 468-1600 x 175
Web: <http://neilbacchus.com>
Email: neilbacchus@mrts.com

The Friendship Heights Specialists

REALTOR

Historic concert at Strathmore

Join us on **Saturday, Jan. 13**, when BSO's new Music Director Marin Alsop conducts for the first time in the new season at Strathmore Music Center. The program will include Strauss's Alpine Symphony and Stravinsky's *The Rite of Spring*. The performance will celebrate the 150th anniversary of the Peabody Institute; the BSO will be joined by members of the Peabody Symphony Orchestra.

Maestra Alsop made history when she was chosen as the new music director for the Baltimore Symphony Orchestra and became the first woman conductor of a major American orchestra. She is the first artist to have won Gramophone's Artist of the Year award and the Royal Philharmonic Society's Conductor Award in the same season. In 2005, she won the Classical BRIT Award for Female Artist of the Year and became the first conductor honored with a prestigious MacArthur "Genius" Award.

We will depart from the Village Center at 7:15 p.m. and return around 11 p.m. The cost of the trip is \$63, which includes a seat in the Grand Tier (second balcony), transportation, and driver gratuity. *There is no restroom on the bus or space for a wheelchair.* Residents and one guest may sign up immediately; nonresidents may sign up Dec. 15. There are 25 tickets available.

VILLAGE CLASSIFIEDS

Wanted to buy

Vintage modern furniture, artwork and decorative art. I am particularly interested in classic American and Danish modern from the 1950s, '60s, and 70s. Please call Brandon at 202-722-6588.

DR. MICHAEL L. GITTLESON



Podiatrist



The Barlow Building
5454 Wisconsin Ave., Suite 640
Chevy Chase, MD 20815
(301) 986-4900
Medicine and Surgery of the Foot

Condo Curious?

DO YOU KNOW just how much your condo has **APPRECIATED?**

With over 14 years of real estate experience, I am your **BEST CHOICE** when buying or selling in Friendship Heights

Call me today for a **FREE** home market analysis!
301-652-2777



Steven R. Katchman



"Specializing in Advanced Digital Hearing Aids"

We proudly offer the latest in digital technology...

widex  Inteo
Integrated Hearing Science



*Fitting hearing aids by
Widex and other leading companies.*

Chevy Chase Audiology Associates

Nehama Pluznik, M.A., CCC-A, FAAA • Certified, Licensed Audiologist
Neal Jacobs, HIS • Hearing Instrument Specialist

Professional Service Since 1973

**Diagnostic Hearing Tests ♦ We accept Medicare & Blue Cross
♦ Service - Repair - Batteries for all makes and models ♦ 30-Day Trial Period**

Call Today For A Complimentary Consultation

5530 Wisconsin Ave • Suite 1540
Chevy Chase, MD 20815

301-907-0002

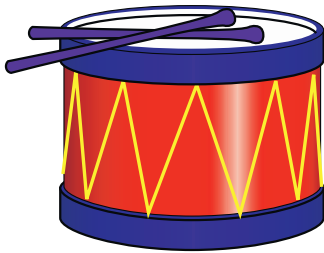
Share the spirit of the season with those in need

The Village of Friendship Heights is helping in the local effort to make the holidays a little more cheerful for thousands of needy residents in Maryland. During the month of December, you can help by bringing donations of food to the Village Center. Your donations will be delivered to Manna Food Center before the holidays.

Manna Food Center feeds 2,000 hungry Montgomery County residents each month. The food most needed include cereal, rice, canned meats and tuna, beans, canned fruit and vegetables, pasta and spaghetti sauce, baby formula and baby food, peanut butter, and shelf-stable milk.

New toys will also be collected and taken to Toys For Tots.

The deadline to drop off food and toys is Dec. 15.



Virginia Woolf, Continued from page 1

an Oscar), and "The War of the Roses." In 2000, she starred as Mrs. Robinson in the London stage revival of "The Graduate." Bill Irwin appeared in the stage production of "Waiting for Godot" with Steve Martin and Robin Williams and in "The Goat or Who Is Sylvia" with Sally Field. In 2005 he won the Tony Award for Best Actor in a Play for his appearance as George in "Virginia Woolf."

We will leave the Village Center at 12:30 p.m. and return around 4:30. The cost of the trip is \$85, which includes discounted Orchestra seats, transportation, and driver gratuity. Residents may sign up immediately; nonresidents may sign up Dec. 15. There are 29 tickets available. This play is not recommended for anyone younger than 16.



GALAXIE
CLEANERS

IN THE NEW CHEVY CHASE SHOPPING CENTER AT FRIENDSHIP HEIGHTS

**WERE OPEN AND BACK
TO SERVE YOU**

WITH THE SAME EXCELLENT SERVICES WE
PROVIDED BEFORE

- CLOTHES PROFESSIONALLY DRY CLEANED AND FINISHED
- SHIRTS FRESHLY LAUNDERED AND PRESSED
- SHOE REPAIR WHILE YOU WAIT
- ALTERATIONS DONE ON THE PREMISE BY "MARLENE" OUR SEAMSTRESS

GRAND OPENING SPECIAL
3 SHIRTS LAUNDERED FREE WITH THIS AD

DRIVE UP AND LET US BE CONVENIENT FOR YOU
9 WISCONSIN CIRCLE
(301) 654-9613

PLAYING on the BIG SCREEN

All movies now begin at 7 p.m.

PLEASE!

As a courtesy to our speakers, authors and musicians...

- Turn off cell phones and pagers
- Do not arrive after starting time and try to stay until the conclusion
- Do not take any reading materials into the auditorium

Thursday, Dec. 7, 7:30 p.m. — *Booksigning with Michael Weisskopf, see page 1 for details.*

Thursday, Dec. 14, 7:30 p.m., — *Café Muse, see page 14 for details.*

Thursday, Dec. 21, 7:00 p.m., — **Akeelah and the Bee** — A young girl learns to believe in herself and value her intelligence in this critically acclaimed family-friendly drama. Akeelah Anderson is an 11-year-old being raised by her mother, Tanya, who was left on her own after the death of her husband. While Akeelah is a very bright girl, she's hardly a star student and seems afraid of acting like a bookworm around her friends and classmates. However, Akeelah's teacher sees genuine potential in her and encourages her to enter the school's spelling bee. As Akeelah progresses through local competitions, she begins studying under the aegis of a strict English teacher Dr. Larabee. As her mother finds the contests dominated by children from wealthy families and privi-



leged backgrounds, Tanya argues that the competition may not be in Akeelah's best interest. It soon becomes apparent that if Akeelah has any intention of entering the national spelling bee, she will not do so with Tanya's blessing. Stars William H. Macy, Robert Duvall, and Rob Lowe. Rated R. Running Time: 91 minutes.

Thursday, Dec. 28, 7:00 p.m., —

Thank You for Smoking — This media satire stars Aaron Eckhart as Nick, a man who has turned spinning news and information into a successful career for the tobacco lobby. He plots strategies with his colleagues on how to make other dangerous products more appealing to the American public. Nick ends up going to Hollywood with his young son in order to get a movie producer to include characters smoking in his newest film. Nick is kidnapped by a vigilante group concerned about the harmful nature of his product. Stars William H. Macy, Robert Duvall, and Rob Lowe. Rated R. Running Time: 91 minutes.



THE LINN GROUP Presents >>>



Member NYSE, SIPC

Robert P. Linn
Managing Director
38 Years Experience

David Kauffman
CERTIFIED FINANCIAL PLANNER™
Investment Executive

Michael Riley
Investment Executive

Tuesday, December 5
**VALUE STOCK &
ALTERNATIVE INVESTMENTS**

Wednesday, December 6
**CREATE RETIREMENT INCOME &
SAFE WITHDRAWAL RATES**

Thursday, December 7
**THE NEED FOR LONG TERM CARE
& ESTATE PLANNING**

**Friendship Heights
Village Center
12:30 – 2:00 p.m.**

Light lunch: sandwiches, fruit,
cookies, refreshments

**RSVP: Carolyn Galli
301-309-2631**

FRIENDSHIP GALLERY

Variations with watercolor at Friendship Gallery

The Washington Water Color Association returns to the Friendship Gallery for the month of December with an exhibit entitled "Watercolor Anyway." The show will be judged by Francois Yohalem, a Village resident who has been involved with public art in Montgomery County for many years.

The exhibit begins Dec. 2 and runs through Jan. 1. The public is invited to meet the artists at a reception and awards ceremony on **Sunday, Dec. 10, from 11:30 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m., and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for viewing because of activities in that room. Please check with the front desk receptionist when you arrive.

"Starry Night"
watercolor by
Barbara Weiss



"Celebration"
watercolor by Barbara Weiss



*Experience The Difference.
The Difference is Experience.*

Mehmet Halici
Associate Broker
Top 1% of all realtors in the Nation
Licensed in Maryland • Washington DC • Virginia

21+ YEARS
EXPERIENCE IN
MARYLAND
WASHINGTON DC
VIRGINIA
REAL ESTATE MARKETS

Weichert Realtors

Mehmet is a resident in the center of Friendship Heights, his care and concern for the real estate value of your neighborhood and his, makes his neighborhood knowledge a tremendous asset to those at Friendship Heights.

Give Mehmet a call if you are considering buying or selling and allow him to get you **TOP \$\$\$** in this **BOOMING REAL ESTATE MARKET.**

MOBILE: 202-431-1991 OFFICE: 301-454-2500
mhalici@mdhalici.com • www.mhalici.com

Join Friendship Heights' *Financial Inner Circle*

For six generations The National Capital Bank of Washington has served Washington's most well-informed residents.

Our constant mission is to provide loyal personal banking relationships based on integrity and trust. We open financial doors. Take the first step to greater affluence today by calling to set an appointment. Or, visit us in Friendship Heights.



THE NATIONAL CAPITAL BANK
FOUNDED 1889 OF WASHINGTON

5228 44th Street, NW, Washington, DC 20015 • 202-966-2688
316 Pennsylvania Avenue, SE, Washington, DC 20003 • 202-546-8000
www.NationalCapitalBank.com

MEMBER
FDIC

Friendship Heights
Village Center



Calendar
of Events

2006


D E C E M B E R						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

No MVA Bus in December!

The MVA bus will return to the Village of Friendship Heights on Monday, Jan. 29, 2007.

					<div>1<div>10:30 a.m.: Coffee and Current Events 12:15 p.m.: Special Lunch 1 p.m.: Special Concert: English Handbell Ringers 1 p.m.: Bridge Group</div></div>	<div>2<div>8:15 a.m.: Walking Club</div></div>
<div>3<div>9 a.m.: Yoga 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 12:30 p.m.: Cider, Cookies and Cinderella</div></div>	<div>4<div>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: Bridge Group 7:30 p.m.: Yoga</div></div>	<div>5<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 1 7 p.m.: Mat Pilates</div></div>	<div>6<div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 7:30 p.m.: Concert: Jack Stanton</div></div>	<div>7<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 12 p.m.: Low Vision Lunch and Learn 6 p.m.: Scrabble 7:30 p.m.: Book Signing with Michael Weisskopf</div></div>	<div>8<div>10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div></div>	<div>9<div>8:15 a.m.: Walking Club</div></div>
<div>10<div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception</div></div>	<div>11<div>9:15 a.m.: Fit-4-Ever 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 11:30 a.m.: Strength Training 1 p.m.: ReSET Presentation 1 p.m.: Bridge Group 7:30 p.m.: Yoga 8 P.M.: FRIENDSHIP HEIGHTS COUNCIL MEETING</div></div>	<div>12<div>7:30 a.m.: Depart for New York 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 1 7 p.m.: Mat Pilates</div></div>	<div>13<div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Suburban Lecture: Anesthesia 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Carmina</div></div>	<div>14<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 7 p.m.: Café Muse</div></div>	<div>15<div>.10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div></div>	<div>16<div>8:15 a.m.: Walking Club</div><div> Happy Hanukkah!</div></div>
<div>17<div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div></div>	<div>18<div>9:30 a.m.: Service Learning 10 a.m.: Great Books 1 p.m.: Bridge Group 5:30 p.m.: Depart for Brookside Gardens</div></div>	<div>19<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 9:30 a.m.: Spanish 2 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 6:30 p.m.: Spanish 1 7 p.m.: Mat Pilates</div></div>	<div>20<div>9:15 a.m.: Fit-4-Ever 10:15 a.m.: Yiddish 11 a.m.: Strength Training 7:30 p.m.: Concert: Cathleen Kenny</div></div>	<div>21<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m.: Still Life Painting 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 7 p.m.: Movie: Akeelah and the Bee</div></div>	<div>22<div>10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div></div>	<div>23<div>8:15 a.m.: Walking Club</div></div>
<div>24<div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div></div>	<div>25<div>Merry Christmas! Center Closed</div><div></div></div>	<div>26<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist</div></div>	<div>27<div>10:15 a.m.: Yiddish 1 p.m.: Health Insurance Counseling 7:30 p.m.: Concert: Friday Morning Music Club</div></div>	<div>28<div>8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 11 a.m. – 4 p.m.: Village Playtime 6 p.m.: Scrabble 7 p.m.: Movie: Thank you for Smoking</div></div>	<div>29<div>10:30 a.m.: Coffee and Current Events 1 p.m.: Bridge Group</div></div>	<div>30<div>8:15 a.m.: Walking Club</div></div>
<div>31<div>9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers</div></div>						

Shuttle bus hours



Monday through Friday
Saturday and Sunday

6:40 a.m. to 9:40 p.m.
8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday
Friday
Saturday and Sunday

9 a.m. to 9 p.m.
9 a.m. to 5 p.m.
9 a.m. to 2 p.m.

The Friendship Heights Village Center is open to everyone. People who live or work in the Village are especially welcome.

SPECIAL CONCERT

Join us for a festive handbell concert on **Friday, Dec. 1, at 1 p.m.** The Four English Handbell Ringers from St. Matthew’s United Methodist Church in Annandale, Va. will play holiday music at **1 p.m.** The highlight of the program will be audience participation. Each member of the audience will get a chime or a bell and instructions on when to play the instrument. Much frivolity and holiday spirit will be experienced by all participants!



CLASSES and CLUBS

**PREREGISTRATION IS REQUIRED FOR ALL CLASSES.
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.**

Please register for classes at least two days before the first session.
Classes without the minimum number of students required will be canceled.

NEW CLASSES

ACRYLIC OR OIL PAINTING

A 10-week course for all skill levels, taught by Doris Haskell, begins January 4. Meets Thursdays from 6:45 to 8:45 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends March 8. Maximum number of students is 16.

CHINESE BRUSH PAINTING

A 10-week class taught by Helene Sze McCarthy begins January 11. Meets Thursdays from 1 to 3 p.m. Cost is \$100. Session ends March 15. A minimum of 6 students is required; the maximum is 10.

DRAWING AND PAINTING (DAYTIME)

A 10-week course for all skill levels, taught by Doris Haskell, begins January 8. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends March 26 (no class on Jan. 15 or Feb. 19). Maximum number of students is 18.

MAT PILATES

A 6-week session begins Jan. 2. Meets Tuesdays from 7 to 8 p.m. The cost is \$70 for residents and \$80 for nonresidents. This class is not recommended for pregnant women or those with serious spinal conditions. Instructor Ginger Russell has been certified in Pilates Mat-work Exercises by the *PhysicalMind Institute* and Powerhouse Pilates. Pilates tones the body from "the inside out" by teaching students to use smaller postural muscles

for strength, flexibility and balance. The **Magic Ring or Circle**, adds additional sculpting and toning to these movements (the exercises in this class may be done without the prop if you choose not to purchase it). Required equipment: Pilates/Yoga mat, large bath towel. Optional equipment: Pilates Magic Ring or Circle (Target, Amazon.com, Borders Books, and Walmart carry it). Questions? E-mail – Gingerrusteach@yahoo.com. Session ends Feb. 6. Maximum number of students is 15.

PORTRAITURE IN PENCIL AND PASTEL

This 6-week class, taught by award-winning artist and photographer Marianne Winter, begins January 3. Meets Wednesdays from 1 to 3 p.m. Students will concentrate on achieving likeness using photos or reproductions of artwork. Please bring a pad and pencil or pastel to the first class. Some previous experience in drawing is necessary. The cost is \$65. Maximum number of students is 8. Session ends February 7.

STILL LIFE PAINTING

A 12-week course with noted artist Joan Samworth emphasizing the elements of art: line, color, texture, shape and value. Class is designed to meet the needs of all levels of experience. Advance at your own pace with individual critiques and instruction. Suggested media are pastels, watercolor, acrylics, color pencil. Supply list will be handed out on the first day of class. Begins Jan. 4. Meets Thursdays from

11 a.m. to 2:30 p.m. (you may bring lunch – brown bag only). The cost is \$165 for residents; \$170 for nonresidents. Last class is March 22.

TAI CHI (SATURDAY)

This new class begins a 6-week session Jan. 6. Meets Saturdays from 9 to 9:45 a.m. The cost is \$30. Session ends Feb. 10. Minimum of 8 students required. Feel free to email instructor Thomas Johnson at Tai-jitaj@comcast.net if you have any questions about the class.

TAI CHI (THURSDAY)

This 6-week session begins Dec. 28. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends Feb. 1. Feel free to email instructor Thomas Johnson at Taiji-taj@comcast.net if you have any questions about this class.

TAI CHI (TUESDAY)

This 6-week session begins January 9. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$40. Session ends February 13. Feel free to email instructor Thomas Johnson at Tai-jitaj@comcast.net if you have any questions about this class.

YOGA (DAYTIME)

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins Jan. 21. Meets Sundays from 9 to 10:20 a.m. The session includes semi-strenuous postures, stretches, and coordinated breathing, as well as a quiet period for relaxation and meditation. Wear loose clothing, bring a blanket or large towel and



mat (can be purchased at class). Don't eat for two hours before class. The cost is \$80 for residents and \$95 for non-residents. Class will meet Jan. 21, 28, Feb. 4, 18, 25, March 4, 18, and 25. (Students who must miss a class may make it up in the Monday class with the instructor's permission).

YOGA (EVENING)

This 8-week class in Hatha Yoga for beginning and continuing students is taught by Robin Dinerman and begins Jan. 22. Meets Mondays from 7:30 to 8:50 p.m. See description above. The cost is \$80 for residents and \$95 for non-residents. Class will meet Jan. 22, 29, Feb. 5, 12, 26, March 5, 19, and 26. (Students who must miss a class may make it up in the Sunday class).

ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

BLOOD PRESSURE SCREENING/SUBURBAN NURSE

A Suburban Hospital nurse is on hand to offer free blood pressure

screenings Tuesdays from 1 to 2:45 p.m. only. The nurse is also available for consultations Tuesdays from 3 to 5 p.m.

BRIDGE GROUP

An informal drop-in bridge group meets each Monday and Friday from 1 to 4 p.m. Most players are intermediate or advanced.

COFFEE AND CURRENT EVENTS

This long-running discussion group meets informally every Friday from 10:30 a.m. to noon.

GREAT BOOKS DISCUSSION GROUP

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

HEALTH INSURANCE COUNSELING

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appoint-

ment; walk-ins are welcome.

SCRABBLE

This active group of Scrabble players meets at the Center every Thursday, beginning at 6 p.m. All are welcome.

TEA TIME

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m.

VILLAGE PLAY TIME

Children of all ages are welcome at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

WALKING CLUB

Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood. Contact Helen Davis, 301-718-6340, or Marjorie Yahraes, 240-497-0050 for more information.

YIDDISH

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.



We are motivated by the realization that a healthy, beautiful smile has an effect on a person's confidence, outlook and quality of life.

Our team is committed to providing excellent, comprehensive dentistry

♦ We offer: Nitrous Oxide, Cosmetic restorations, Crowns, Implants & Bridges, Periodontal treatment, Zoom Whitening (as see on TV), ViziLite (oral cancer screening) and many other services ♦ We are insurance friendly

Larry Greenbaum, D.D.S., M.A.G.D.

Master in the Academy of General Dentistry

5480 Wisconsin Ave, Suite 208

Chevy Chase MD 20815

301-652-6011

CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m. in Huntley Hall. Before entering the auditorium, please turn off any cell phones or electronic devices. If you arrive after the concert has begun, please wait for a break in the performance before entering. Kindly refrain from bringing any reading materials into the concert hall.

Wednesday, Dec. 6 — Jack Stanton— Jack Stanton will take you back to the days of Dickens with this special holiday program. Friendship Heights audiences will recognize Jack's name from his spirited performances at the Village Center during our annual July 4th celebration.

Wednesday, Dec. 13 — Carmina— Carmina is a chamber choir devoted to exploring the diverse musical styles of the Middle Ages through the Baroque. Founded in 1997 by Vera Kochanowsky, Carmina has performed frequently in the Washington area, making appearances at such venues as the National Cathedral, Anderson House, and the German Embassy. Carmina has also collaborated with local period instrument ensembles such as the Chesapeake Viol Consort, the Orchestra of the Seventeenth Century, the Washington Cornett and Sackbutt Ensemble and the Bach Sinfonia. Carmina has been praised both by *The Washington Post* and by *The*

Baltimore Sun. The Carmina Women's Ensemble is making its public debut with this program.

Wednesday, Dec. 20 — Cathleen Kenny — Soprano Cathleen Kenny has studied in Europe and North America. Her performance celebrates Hanukkah with music from Jewish composers from folklore to Broadway.

Wednesday, Dec. 27 — Young Performers of Friday Morning Music Club — This student division has about 60 high school or young college members who have won a prize in the student competitions, or who have qualified for membership through the auditions. The competitions are for strings; piano; woodwinds, brass and percussion; and voice. The students are remarkably talented, and give very professional recitals. Many of them will be the concert artists of the future.

LINDA & JAY ROSENKRANZ

Award Winning Team
Condo Specialists

Linda & Jay live in Friendship Heights,
Specialize in Friendship Heights,
And sell in Friendship Heights.
If you are buying or selling

Call the top team in Friendship Heights.



301 656-6334

RLEST8@aol.com



CUSTOM FITNESS PERSONAL TRAINING

MATT GREENHUT
PERSONAL TRAINER

Work with a Custom Fitness Personal Trainer in the privacy and convenience of your own building's fitness center.

Working with a personal trainer is the best way to ensure that you successfully and safely reach your fitness goals.

Matt is a Personal Trainer certified with the American College of Sports Medicine (ACSM). He will work with you to develop and maintain a fitness program tailored specifically to meet your goals. Give Matt a call to schedule a free initial consultation.

301-570-7909

mgreenhut@CustomFitnessTraining.com
www.CustomFitnessTraining.com

TO YOUR HEALTH

Low vision lunch and learn

The last in a series of programs on improving the quality of life with low vision will be held **Thursday Dec. 7, at 12 p.m.**, at the Village Center. The discussion is entitled

"Avoiding the Holiday Blues" and is open to **anyone**, whether or not your concern is vision loss.

The guest speaker will be Nina Glasner, social worker and teacher. Bring a bag lunch; dessert and beverages will be provided.

This program is a partnership of the Prevention of Blindness Society of Metropolitan Washington and the Village of Friendship Heights. Please call 301-656-2797 to register.



What you need to know about anesthesia

Anesthesia is the topic at this month's Suburban Health Talk on **Wednesday, Dec. 13, at 1 p.m.** If you've ever had surgery, you have probably thought about anesthesia. Do you know how it works and what types of medications and administration routes are available? What is an anesthesiologist and what does he do? Dr. Todd Epstein will discuss a variety of anesthetic agents and how he and the surgeon decide what's right for you. He will let you know what information is important to tell the anesthesiologist when you meet him and he will be available to answer your questions.

There is no cost for the talk, but please call 301-656-2797 to let us know if you plan to attend.

ReSET: sparking enthusiasm for science

Take note all retired Scientists, Engineers and Technicians! Ann Petersen, Executive Director of ReSET, will discuss this volunteer program for retirees at the Village Center on **Monday, Dec. 11, at 1 p.m.**

The mission of ReSET (Retired Scientists, Engineers and Technicians) is to motivate children at the grade school level to discover and explore the worlds of science, math, and technology, and to encourage them to consider future careers in one of the fields.

ReSET volunteers spend six hours per semester teaching children through in-class experiments. Children learn that science can be practical, relevant, and fun! Students are in the 4th, 5th, and 6th grades in District and Montgomery County schools (two are near Metro stops).

If you would like to learn more about sharing your expertise and enthusiasm for science with kids, come meet Ms. Petersen. Call 301-656-2797 to register.

TAVO PT & Fitness

Now located at: "The Irene"

4701 Willard Ave. #1603 (16th Floor) Chevy Chase, MD 20815

Offering the highest calibre...

- Physical Therapy (PT)
- Massage Therapy
- Bodywork (primarily John Barnes' authentic Myofascial Release)
- Lymphatic Drainage
- Foot Reflexology
- Personal Fitness Training
- 60-minute one-on-one PT sessions that are hands-on, highly skilled, & result producing
- Massage & Bodywork that is unparalleled in the Chevy Chase area
- An inspiring atmosphere for personal training to reach your specific goals

- Gift certificates available for non-PT services
- Package & Senior (60+) discounts for non-PT services

Phone: 301-652-2522

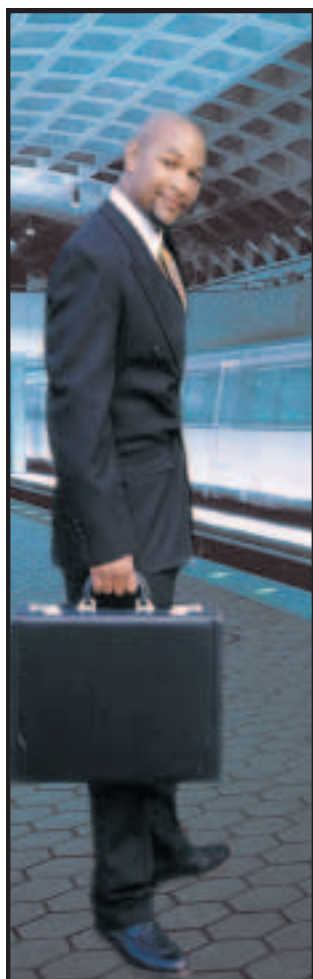
Skill, Compassion, & a Gorgeous relaxed atmosphere combine to provide the perfect mix for healing & wellness

VILLAGE CLASSIFIEDS

For Sale

Apartment, 4620 North Park Ave., 2 BR, 1 ½ BA, large LR, DR, closets, pool, parking, all amenities. By owner, call 301-718-9688

There's a Better, Smarter, Faster Way to Work in Montgomery County!



**It's the transit commute
benefit program that
benefits everyone!**

**For as little as \$1 per
month employers can**

- *Offer staff deeply discounted transit fares*
- *Reduce company taxes*
- *Attract & retain the best staff*
- *Cut gas & parking costs*
- *Reward staff who help reduce congestion*
- *Improve our community*

**Employers & Employees—Call Us Now!
Don't let these savings pass you by!
Get On Board with
Super Fare Share today!**

www.montgomerycountymd.gov/commute

Click on **Savings & Benefits**

301-770-POOL(7665)



Cafe Muse presents...

This month's Café Muse, on **Thursday, Dec. 14, at 7 p.m.**, presents a reading, led by Grace Cavalieri and Anne Becker, in tribute to poets Robert Sargent and Jacklyn Potter.

Robert Sargent was the author of ten books, including *99 After 80*. His poems appeared in such journals as the *Antioch Review*, *New York Quarterly*, *Sou'wester*, and *Poetry*. In 1996 he received the Columbia Merit Award from the Poetry Committee of the Greater Washington DC Area.

Jacklyn Potter's poetry and translations appeared in *The Hollins Critic*, the *MacGuffin*, *Plainsong*, *Poet Lore*, *The Washington Review*, and elsewhere. She was lead editor of *Cabin Fever: Poets at Joaquin Miller's Cabin*, 1984-2001. For 21 years, she directed the Joaquin Miller Cabin Poetry Series, readings under the stars in Rock Creek Park. Ms. Potter received several fellowships from the D.C. Commission on the Arts.

Classical guitar selections performed by Michael Davis are presented each month at 7 p.m. Attending poets are invited to participate in an open reading that concludes the Café Muse program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has sponsored public programs for over 25 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

Estate Planning and Tax Center

**Law Offices of Binstock, Torchinsky
and Associates, P.C.**

The Barlow Building
5454 Wisconsin Avenue, Suite 1340
Chevy Chase, MD 20815
301-657-5555

Creative Strategies for Preserving Your Wealth

**Wills, Trusts, Probate, Charitable Planning, Tax Matters
50 years of combined experience**

Each partner is a Lawyer and CPA

***Complimentary Consultation
for Our Friendship Heights Neighbors***

Visit our website at www.binstocktorchinsky.com



FLOYD J. COLLINS
REALTOR-Associate

20 Chevy Chase Circle, NW
Washington, DC 20015
Office: (202) 363-9700
Res: (301) 654-7515
Office Fax: (202) 364-0361
E-Mail: FloydJC@aol.com



Every day can't be a holiday. But they can all be special.



Happy Holidays from our Sunrise family to yours! Join our Open House on December 18th from 2-4 pm or our Fine French Cuisine Dinner on January 24th from 5-7 pm. RSVP to 301-656-1900.

Being surrounded by people who care doesn't have to end with the holidays.

Since 1981, Sunrise Senior Living has provided a variety of living arrangements, personalized assistance and care from people who recognize that each senior is unique.

Call us today to learn more about our quality amenities and services, delicious meals including snacks, stimulating activities and scheduled group outings that allow our residents to live life on their terms.


BRIGHTON
GARDENS
ASSISTED LIVING

A  **SUNRISE** SENIOR LIVING COMMUNITY

Chevy Chase Brighton Gardens at Friendship Heights 301-656-1900 5555 Friendship Boulevard

Assisted Living • Alzheimer's Care

For more information and a FREE online newsletter, visit www.sunriseseniorliving.com



Village Council Corner

Large Voter Turnout at the Center

Over 1,800 voters came to the Village Center on November 7 to cast their votes in the general election. Although the line was long for much of the day, there were no problems reported with the voting machines, and the Montgomery County election officials and volunteers kept everything running smoothly. The photo of our polling place shown below appeared on the front page of *The Washington Post* the day after the election.



MVA Dates for 2007
(10 a.m. to 2 p.m.):

January 29

February 26

March 26

April 23

May 21

No service in June

The MVA Mobile Office is scheduled to come to the Village on the dates listed above. The bus parks on Friendship Boulevard adjacent to the Village Center.

Council action at the November 13 public session:

- Approved proposal to purchase 12 additional sets of brackets for hanging flower baskets on street-light poles in 2007.



Friendship Heights

VILLAGE NEWS

Friendship Heights Village Center
4433 South Park Avenue
Chevy Chase, Maryland 20815

Check out our website:

www.friendshipheightsmd.gov

e-mail: info@friendshipheightsmd.gov

phone: 301-656-2797

December 2006 events calendar